

# Sara Riel Inc. Special Presentation

# Funny, You Don't Look Crazy!

A Story about Mental Illness and Returning to Work



“Funny, You Don’t Look Crazy” is a high energy, irreverent theatrical keynote capturing the world of work before, during and after bipolar disorder, anxiety and psychosis. Follow her mad dash from Safeway cashier to backless hospital greens... from working with job coaches to employment again. Walk away enlightened and entertained, holding an expanded vision - not of what’s improbable, but instead of what is possible.

Friday, September 28, 2018

1:00pm - 2:00pm

Dakota Community Centre

1188 Dakota Street

**Victoria Maxwell** BFA/BPP\*

*\* Bachelor of Fine Arts and Bipolar Princess*

Victoria is one of the top speakers on the lived-experience of mental illness and recovery, wellness and creativity. She’s a self-proclaimed “Wellness Warrior” and “Bipolar Princess”.

She lives with bipolar disorder, anxiety and psychosis and has, for more than 17 years, helped people better understand an ‘insider’s’ experience of mental illness and recovery - how to create long-lasting wellness and kick-start their creativity.

Victoria’s performance is a **FREE EVENT**, part of the **Sara Riel Mental Wellness Networking & Resource Expo**.

The expo venue will shut between 1:00pm and 2:00pm so that everyone, our exhibitors included, can enjoy this performance. Tables will be available to those exhibitors who have brought their lunch.

**Seating is limited, so you must register for this event. Please go to [www.sararielinc.com](http://www.sararielinc.com) and click the “Funny, You Don’t Look Crazy!” link to register (or call Lisa at 204-237-9266).**