

EMPLOYMENT OPPORTUNITY

**Mental Health/Peer Support Worker
Casual**

*REQUIREMENT - In keeping with Mental Health Commission of Canada Guidelines, Peer Support services are provided by persons who declare their own personal, lived-experience of a diagnosable mental illness/mental health concern and a demonstrable experience of finding a path of recovery. **A cover letter stating your prior lived experience with mental health must be included in your application***

JOB SUMMARY

Sara Riel Inc. is presently accepting applications for casual **Peer Support Workers** in the Seneca Services Program. Seneca Services is a 24-hour program which provides a safe, supportive and home-like environment where people living with mental health challenges are empowered to address their self-identified needs through thoughtful respite and peer support.

This position requires the flexibility to, cover shifts on short notice for days, evenings, and overnights (awake); on weekdays, weekends and all public and general holidays. Daily schedule may vary according to program needs. Preference may be given to those applicants who are bilingual in both official languages.

QUALIFICATIONS AND ABILITIES

- Degree, Diploma or Certification in a mental health and/or social services discipline.
- 2-5 years' experience in the provision of mental health and/or social services.
- Strong written and verbal communications skills in English and French.
- Satisfactory Employment record.
- Ability to function in a demanding and stressful environment.
- Demonstrated ability to work with minimal supervision.
- Be in good mental and physical health to meet the demands of the job.
- Current and satisfactory Criminal Record Check and Adult and Child Abuse Registry Check.
- Experience in computer programs i.e. Microsoft Office, Outlook.
- Understanding of issues affecting persons experiencing mental health concerns.
- Good critical thinking and problem-solving skills required.
- Acute sense of discretion, confidentiality and professionalism.

PEER MENTOR SUPPORT

- Provide Peer-Led Respite Services and Telephone Support Services, continuously demonstrating the skills, abilities and personal attributes that are derived from Lived Experience, and that are related to Interpersonal Skills, Critical Thinking, Teamwork and Collaboration, and Ethics and Reliability (“*Guidelines for the Practice and Training of Peer Support*” MHCC, 2013).
- Perform necessary components of check-ins and check outs (suitability, bed bug prevention, laundry, orientations, etc.) in accordance with standard procedure, while ensuring guests continue to feel welcome and comfortable during the process.
- Determine and document the self-identified needs of the guests and facilitate the collection of data, to best provide support, understanding and appropriate resources in accordance with those needs.
- Maintain and upkeep of the respite suite, including garbage/recycling collection and removal, dishes, general cleaning and upkeep, grocery shopping, meal preparation etc. as needed.

KEY RESPONSIBILITIES AND ACCOUNTABILITIES TO SARA RIEL INC.

- Represent the Mission, Vision and Values of Sara Riel Inc.
- Provide Support and Services with Administrative Related Duties
- Ensure the Well-Being and Safety of the Service Recipients and the Property
- Effectively Manage Crisis Situations

REQUIREMENTS

- Valid driver’s license and reliable vehicle.
- First Aid and CPR.
- Non-Violent Crisis Intervention.
- Applied Suicide Intervention (ASIST).

SALARY

Salary is \$14.82 per hour, to commensurate with education and experience.

A comprehensive benefits package is provided for permanent positions.

If this casual position is of interest to you, please forward your resume to David Stewart – dstewart@sarielinc.com